



COSMETIC  
PHYSICIANS  
COLLEGE  
OF AUSTRALASIA

# Membership Information Pack

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[cPCA@cPCA.net.au](mailto:cPCA@cPCA.net.au)

1300 552 127



# Cosmetic Physicians College of Australasia



## Contact Details

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### National Office

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<b>Telephone:</b>	1300 552 127 (08) 9300 2414 +61 487 889 238
<b>Website:</b>	<a href="http://www.cpcanet.au">www.cpcanet.au</a>
<b>Postal Address:</b>	Suite 1, Unit 4, 48 Winton Road JOONDALUP WA 6027

## Introduction

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The College is a professional, not-for-profit body that was formed in 2014. It evolved from the Cosmetic Physicians' Society of Australasia (CPSA) which was established in 1997 by a group of doctors with a special interest in cosmetic medicine. The CPSA was the first organisation to represent the interests of those doctors working in this new field of medicine in Australasia. Thereby, The CPCA has been supporting its members for a combined term of 26 years.

The CPCA is devoted to protecting and supporting its members' interests while ensuring patient safety through public education and awareness. It provides the public with up-to-date information while assisting them to locate our qualified doctors who share our common goals.

## Our Vision, Mission & Values

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The principal objects of the College are to establish, support and maintain high standards of learning, skills, and conduct in cosmetic medicine.

With the support of its members, the CPCA aims to position and promote itself as the leading representative body for medical practitioners practising cosmetic medicine in Australasia. The CPCA is recognised by Health Departments, Regulators and Medical Defence Insurers as a key stakeholder. It is one of more than 70 signatories to the Australian Ethical Healthcare Alliance group, made up of health fraternities recognised by APEC and WHO.

# Table of Contents



## Cosmetic Physicians College of Australasia

Contact Details	2
Introduction	2
Our Vision, Mission & Values	2

## Board & Committees

The Board	4
Board Elected	4
The Membership Review Committee	9
The Education Committee	9
The State Representatives	10
The CPD Committee	11

## College Membership Information

Membership Levels	12
Membership Benefits	13
Becoming a Corresponding Member	14
Becoming a Full Member	15
Becoming a Fellow	16
Apply Now Link / QR Code	18

## Quick Links: College Certificate Opportunities

Theory & Application of Cosmetic Injectables - Certificate of Completion	19
Use of Energy-Based and Non-ionising Radiation Devices, plus Cosmeceuticals (Theory) - Certificate of Completion	19
52900WA Graduate Certificate in Cosmetic Medicine	19

## College Constitution, Policies and Guidelines

Please go to CPCA website: <https://cpca.net.au/about-us/>



Scan for:  
CPCA Constitution, Policies and Guidelines

# Board & Committees

## The Board

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President	Dr David Kosenko (VIC)
Vice President	Dr Ricky Sia (QLD)
Secretary	Dr Edwina Morgan (QLD)
Treasurer	Dr Carolyn Choy (WA)
PR Officer	Dr Scott Allison (QLD)

## Board Elected

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Education Officer	Dr Keturah Hoffman (WA)
Member Representative	Dr Sean Arendse (VIC)
Member Representative	Dr Mandana Arshi (NSW)

### President



**Dr David Kosenko**, MBBS, FRACGP, FCPCA, FACCSM (Med), is the current President of the Cosmetic Physicians College of Australasia (CPCA). A graduate of Monash University (1987), Dr. Kosenko is the founder and owner of Impress Cosmetic Medicine in Melbourne, where he has been performing office-based cosmetic procedures for over 17 years. He was also a co-owner of a prominent general practice for more than 30 years. His clinical interests include skin cancer medicine and dermatology.

Dr. Kosenko has recently accepted the position of Head of Medical and Clinical Training for Australia and New Zealand at Dermocosmètica, and he will commence this role in November 2024. He will continue to work at Impress Cosmetic Medicine in a clinical capacity.

Highly committed to medical education, Dr. Kosenko regularly teaches medical students, nurses, general practice registrars, and cosmetic physicians. He has presented at major conferences such as the Non-Surgical Symposium, Cosmedicon, and CosDoc, and actively participates in industry workshops. Additionally, he serves as an examiner for the CPCA and is a key opinion leader (KOL) for several pharmaceutical and medical device companies.

Under his leadership, the CPCA has launched the Graduate Certificate of Cosmetic Medicine (TAC: 52900WA), a postgraduate qualification designed to equip doctors with the knowledge and skills necessary to practice in this specialized field. The development of the Graduate Diploma of Cosmetic Medicine has begun as well as several other educational short courses.

Dr. Kosenko is passionate about upholding the highest standards of practice, ethics, and safety in the healthcare sector.

## Vice President



**Dr Ricky Sia** has received extensive training in various fields of Medicine in the United Kingdom and Australia. He works primarily in advanced facial rejuvenation especially with injectable treatments. Dr Ricky values lifelong learning and regularly attends expert workshops to continue his professional development.

He enjoys teaching and sharing of clinical pearls. He has recently joined the teaching taskforce of Merz Aesthetics to train cosmetic injectors in ethical administration of cosmetic injectables and is also a trainer for MINT threadlift.

He is also very passionate about advancing the calibre of Cosmetic Medicine in Australia and is excited to have the opportunity to contribute and collaborate with colleagues to carry the College forward as a synonym of credence and integrity.

## Secretary



**Dr Edwina Morgan** began her career in obstetrics and gynaecology after obtaining a Bachelor of Science from the University of Queensland and also a Bachelor of Medicine and Bachelor of Surgery from the prestigious Bond University. Whilst practicing obstetrics, she became increasingly fascinated with cosmetic medicine and as her anatomical appreciation and skill set developed in this area, so too did she become more empowered on behalf of the patients to grow into this speciality.

Dr Edwina has advanced to become a national Key Opinion Leader and Lead Trainer in advanced injectable techniques for Galderma and is also a full member of the Cosmetic Physicians College of Australasia, which is granted to experienced practitioners to recognise an exceptional level of skill and expertise in the practice of cosmetic medicine. Dr Edwina is a field expert for the leading Aesthetic Medicine Emergency Team (AMET), providing support to patients and practitioners alike in complicated procedures or emergencies.



## Treasurer



**Dr Carolyn Choy** is a highly skilled Cosmetic and Laser Doctor, founder of Ultimate Aesthetics with over 25 years clinical experience in both general practice and the cosmetic and aesthetic field. Since graduating from medicine from the University of Western Australia, she has devoted her time to being a general practitioner and a cosmetic physician.

In her early times in the hospital, she realised how much she loved all aspects of medicine but also working with her hands and after leaving the hospital, working in the emergency departments and surgical departments, she pursued her first fellowship in general practice. She attained her Fellowship in General Practice. She continued with further educations, attending conferences, and felt called to move beyond general practice and realised that there was a real social need where men and women of the world were constantly being disempowered and by helping people improve their outside appearance by doing a few minor procedures, this so greatly improved a person's self-esteem.

Helping people see how beautiful they really are within. Feeling beautiful allows us more easily to connect to joy, life and all its possibilities. With that goal in mind, she continued to in her pursuit of excellence to be able to master advanced injection techniques and laser treatments. She understood how scarring could be so soul destroying and has specialised in various techniques to help improve specifically acne scarring and keloid scarring. In that time, she has continued to grow and learn and attained a second fellowship, this as a Fellow of the Cosmetic Physician Collage of Australia.

She has enjoyed growing her team of doctors and nurses and therapist, all with the same mind set, of helping all of us age with grace, with minimal downtime and with the greatest effect of natural looking beauty or as we say, "believable beauty."

## PR Officer



**Dr Scott Allison** is an experienced Cosmetic Physician and trainer in cosmetic injectables who is dedicated to delivering and developing innovative, non-invasive aesthetic procedures.

After graduating from Medical School at the University of Queensland in 2011, Dr Allison undertook his residency at the Princess Alexandra Hospital where he worked across a variety of areas including dermatology, plastic surgery and infectious diseases. Following this he completed a Master of Science in Aesthetic Medicine at the Queen Mary University of London and a Master of Public Health at the University of Queensland. He is a Fellow of both the Cosmetic Physicians College of Australasia and the Royal College of General Practitioners.

Dr. Allison is a trainer in cosmetic injectables with Allergan Aesthetics and is passionate about finding new and interesting ways of teaching safer injecting and facial anatomy to clinicians. He is also a Medical Officer Reservist in the Australian Army and a Senior Lecturer for UQ School of Medicine.

Driven by a passion to empower others, Dr Allison is committed to finding new and innovative non-invasive treatments to help clients achieve their aesthetic goals.



#### Education Officer



**Dr Keturah Hoffman** has been active in medical politics since the 1990s, being the Inaugural president of the Cosmetic Physicians Society of Australasia (CPSA) and having been advisor to the Medical Board of Western Australia. Dr Hoffman has also run cosmetic medical conferences and served on the board of the Cosmetic Physicians College of Australasia (CPCA) (formerly CPSA) for over a decade.

She has nearly 30 years' experience in cosmetic and vascular medicine and continues to maintain an active teaching and administrative role in the specialty.

Her experience in running Day Spas and formulating and manufacturing skincare products as well as medical politics and health administration brings a wide range of contacts and skills in business and people management, and she continues to have a keen interest in improving regulation and delivery of medical services in Australia.

Dr Keturah Hoffman has held the position of Membership Liaison Officer, Education Officer, and Western Australian State Representative since 2018.

#### Member Representative



**Dr Sean Arendse** graduated from King's College London and has a background as an emergency consultant at The Alfred Hospital in Melbourne. He founded Flawless Rejuvenation Skin Clinics in 2007 and enjoys working across both the fields of Emergency medicine and Aesthetic medicine.

In 2018, Dr Arendse completed a postgraduate diploma in clinical dermatology with Queen Mary's College London. He has a keen interest in the use of both energy-based devices and non-energy-based treatments, in achieving the best aesthetic result for his clients, and is a KOL for a number of injectable and device companies. He has a special interest in cosmetic medical emergencies which he has published on and is an advocate for safety in the aesthetic industry.

Dr Sean Arendse held the position of CPCA Secretary for 2018-2022, and Victoria & Tasmania State Representative since 2018.

## Member Representative



**Dr Mandana Arshi** is an experienced Medical Practitioner with special interest in Aesthetic Medicine. With over two decades of experience in general practice. In 2011, she embarked on her career as an Aesthetic Physician in Brisbane. She also successfully completed her PhD degree at the University of Queensland.

Dr. Arshi is committed to utilising an evidence-based approach in her aesthetic treatments and consistently stays updated with the latest advancements in the field of aesthetic medicine. She ensures she attends the professional gathering in aesthetic medicine regularly and reads recent relevant journal articles. She is a Fellow of the Cosmetic Physicians College of Australasia(CPCA), the Australasian College of Aesthetic Medicine(ACAM)and The Royal Australian College of General Practitioners (RACGP).





## The Membership Review Committee

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Dr Douglas Grose



Dr Mary Dingley



Dr Keturah Hoffman



## The Education Committee

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Dr Keturah Hoffman



Dr Mandana Arshi



Dr Mary Dingley



Dr Douglas Grose



Dr David Kosenko



## The State Representatives



### VICTORIA

Dr Sean Arendse



seanarendse@hotmail.com

### WA

Dr Carolyn Choy



carolynclchoy@gmail.com

### QLD and NT

Dr Ricky Sia



drsia@cpca.net.au

### NSW and ACT

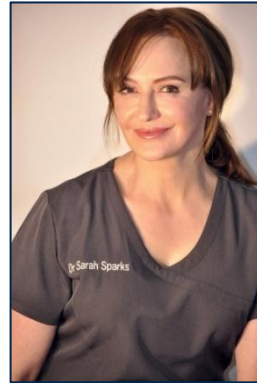
Dr Tom Parmakellis



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### TASMANIA

Dr Sarah Sparks



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### SA

Vacant



cpca@cpca.net.au

# The CPD Committee



## Chairperson

Roman Krumins



Dr Michael Molton



Dr Paul Spano



Dr Mary Dingley



Dr Keturah Hoffman



## Consultants:

Dr Sean  
Arendse



**Emergency  
Medicine**

Dr Carol Wang



**Health and  
Counselling**

Dr Isabella Sillar



**Endocrinology**

Dr Dhruva  
Ramachandran



**Skin Cancer  
Medicine**

Dr David  
Kosenko



**Medical  
Credentialling**

# College Membership Information

## Membership Levels

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The CPCA has several levels of membership that are based on a member's level of skill and experience. All new members enter the College as Corresponding Members, and once admitted, higher levels of membership can be achieved via application to the Membership Review Committee. The upgrade application form is accessible to current members only via the member's website.

Membership term renews 1<sup>st</sup> July and ends 30<sup>th</sup> June the following year. Applicants are welcome to join at any time.

Levels of CPCA Membership include:

### Corresponding Members

(See also International Affiliates)

Medical practitioners with minimal experience in cosmetic medicine, or an interest-only in cosmetic medicine. This level also accounts for medical practitioners wishing to enter into the CPCA's nationally accredited [Registrar Training Program](#), and new members wishing to apply for Full Membership or Fellowship.

### Full Members

Medical practitioners with significant experience in cosmetic medicine and a demonstrated competency in a range of cosmetic procedures. Subject to Membership Review Committee approval.

### Fellows

(See also International Fellows)

Medical practitioners with extensive experience in cosmetic medicine and a demonstrated competency in a wide range of cosmetic procedures. Fellows are expected to contribute to the furtherment of College objectives such as research or education. Subject to Membership Review Committee approval.

### Honorary Members

(See also Honorary International Fellows)

A person who, in the opinion of the Board, has made an outstanding contribution to the College.

### Life Members

A person who, in the opinion of the Board, has made a significant, consistent, and long running contribution to the College.

### Corporate Members (Sponsors)

A firm, company, or organisation which, in the opinion of the Board, is engaged in activities consistent with the objectives of the College.



## Membership Benefits

Depending on your level of membership, you will have access to the following benefits:

- A voice to express how the cosmetic industry develops via College representation.
- Invitations to industry-relevant events hosted by College sponsors, members, and other industry stakeholders.
- Discounted registration rates for CPCA sponsored conference(s) (e.g., CosDoc)
- Access to subscription-based clinical journals, 3 of which are shown below



Dermatologic  
Surgery



Plastic and  
Reconstructive Surgery



Journal of  
Cosmetic Dermatology

- Invitations to state-based Continuing Professional Development (CPD) or Journal Club meetings, where you can network and learn from other CPCA members
- Certification Opportunity: Cosmetic Injectables (Theory & Application)
- Access to applicable employment vacancy advertisements (place advertisements or apply for vacancies listed)
- An open invitation to join the private CPCA members-only Facebook group.
- An open invitation to join the private CPCA members-only WhatsApp Chat Forum and announcement groups.
- Access to industry-relevant advice and guidance through CPCA forms, templates, and guidelines.
- Receive member-only notices and the CPCA newsletter direct to your inbox.
- Enrolment opportunities for the Registrar Training Program
- Access to the application form for higher levels of CPCA membership
- Use of the CPCA CPD management system (pre-CPD Home application)

Higher Levels of membership may also have access to the following benefits:

- Certification Opportunity: Energy-based and Non-ionising Radiation Devices (Theory)
- Certification Opportunity: Cosmeceuticals (Theory)
- Use of designated CPCA Logo as applicable to your membership level
- Use of post nominals if applicable
- Promotion via the Find-a-CPCA-Doctor webpage
- Entitlement to vote on College business.
- Nomination to CPCA Board and Committee positions
- Employment opportunities within the Registrar Training Program

## Becoming a Corresponding Member

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All new members are admitted to the College as Corresponding Members. This level of membership accounts for medical practitioners with minimal experience in cosmetic medicine or an interest-only in cosmetic medicine, as well as those wishing to enter into the College's nationally accredited [Registrar Training Program](#), and those wishing to apply for Full Membership or Fellowship.

Corresponding Members have access to all education, training, and networking opportunities that are hosted by, or promoted via the CPCA.

As a Corresponding Member of the CPCA you can:

- Take advantage of most CPCA member benefits
- Enrol to study the Graduate Certificate in Cosmetic Medicine
- Apply to the Membership Review Committee for Full Membership (and subsequently Fellowship) of the CPCA. The Membership Review Committee will consider all upgrade applications for Full Membership and Fellowship; however, it is commonplace for members to rise through the membership levels in a stepwise progression.

Applying for membership takes 5 minutes tops and is as simple as:

1. Filling out your contact information.
2. Providing your AHPRA, MCNZ or International Medical Registration Number
3. Uploading your head & shoulders photograph, and image of passport or drivers' licence.
4. Completing a CPCA Applicants Declaration Form.
5. Paying the annual membership fee of \$825 incl. GST.

Click the "Apply Now" button or scan the QR code below to begin your application for Corresponding Membership.



## Becoming a Full Member

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Once you are a current Corresponding Member of the College, you will be able to log into the member's website and apply for an upgrade in membership level. Full Membership fee is \$2200 per annum.

To become a Full Member of the CPCA, you will need to demonstrate to the Membership Review Committee that you are a registered medical practitioner with significant experience in cosmetic medicine and a demonstrated competency in a range of cosmetic procedures.

The application process for Full Membership requires:

1. Current Corresponding Membership of the CPCA
2. Demonstration of competency through supporting documents such as:
  - curriculum vitae
  - certificates of relevant training and education
  - certificates of other applicable memberships
  - details of recent presentations, publications, teachings, or mentorship
3. Three cosmetic physicians as referees.
4. Completion of questionnaire for "procedures currently performed".
5. Certificate of current medical indemnity insurance.
6. Demonstration of compliance with applicable Medical Board and TGA guidelines and policies.
7. Depending on existing experience and qualifications; you will require one or more of the following:
  - (a) Membership Review Committee Approval (assessment via this application process)
  - (b) Hold the [CPCA Certificate of Competency, Theory & Application of Cosmetic Injectables](#), or
  - (c) Hold the [52900 WA Graduate Certificate in Cosmetic Medicine](#), obtained via the CPCA Registrar Training Program.

Once you have been upgraded to a Full Member of the CPCA, you can:

- Attend a convocation ceremony where you will be awarded a formal Full Membership Certificate and badge.
- Take advantage of the same CPCA Member Benefits as a Corresponding Member plus:
- Be entitled to promote CPCA membership via use of the CPCA Full Member logo on personal websites and advertising materials.
- Be promoted to patients via the CPCA website via the *Find-a-Doctor* facility.
- Vote at CPCA Annual General Meetings, stand on Board and Committees.
- Apply to the Membership Review Committee for Fellowship of the CPCA.



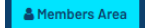
## Becoming a Fellow

To become a Fellow of the CPCA, you will need to demonstrate to the Membership Review Committee you are a registered medical practitioner with extensive experience in cosmetic medicine and competency in a wide range of cosmetic procedures including injectables, cosmeceuticals, energy-based and non-ionising radiation devices.

All new applicants will enter the College as a Corresponding Member and from there they can submit an extensive application (via the member website area). It is commonplace for members to rise through the membership levels in a stepwise progression, however, the CPCA understands new applicants and some members may have undergone external training and gained extensive experience throughout the preceding years that have them immediately meeting the criteria applicable to CPCA Fellowship. The below checklist will assist you to ascertain if you are ready to be assessed for CPCA Fellowship status.

1. **To apply as a new member**, please click apply now or scan the QR code. A 'Welcome Letter' will explain again, how you can apply for Fellowship.



2. **To apply as an existing member**, sign into member portal  via <https://cpca.net.au/> or <https://cpca.360membership.com.au/>, go to tab: My Membership > Membership Upgrade > Fellowship, and follow the page instructions.

### Checklist - Fellowship Pathway:

- Holder of any of the following sub-sets:
  - Fellowship with a recognised external aesthetic medical collegeOr,
  - [\*CPCA Certificate of Completion, Theory & Application of Cosmetic Injectables\*](#), and
  - [\*CPCA Certificate of Completion, \(Theory\), Use of Energy-based and Non-ionising Radiation Devices & Cosmeceuticals\*](#)Or
  - [\*52900WA Graduate Certificate in Cosmetic Medicine\*](#), and
  - [\*CPCA Certificate of Completion, \(Theory\), Use of Energy-based \(and Non-ionising Radiation\) Devices & Cosmeceuticals\*](#)
- Logbook or other evidence of multiple procedures performed using neurotoxins, fillers, bio-stimulants: 50 procedures of each with varying areas covering all areas of the face and neck. Must include work on areas not considered basic.

## Becoming a Fellow (continued...)

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- Logbook or other evidence of energy-based device procedures (excluding LED) of at least two different modalities, totalling 100 (must have licensing documentation, etc.). These can be from years past if no EBD currently accessible.
- One publication of any kind in *The Cosmetic Physician Journal* and any other recent publications.
- One presentation at a conference that is relevant to cosmetics.
- Details of at least one research project:
  - a. Must demonstrate ability to do literature search and testing of hypotheses in a scientific manner.
  - b. Some of the CPCA CPD “*measuring outcomes*” activities are suitable.
- Two practice exchange visits with reports prepared by both guest and host.
- Copy of annual CPD ‘*Professional Development Plan*’.

The membership upgrade application process requires the following:

1. Demonstration of competency through supporting documents:
  - Current curriculum vitae
  - Certificates of any other relevant training and education (this may include CPCA Examinations and/or successful completion of the CPCA’s Registrar Training Program)
  - Certificates of other applicable memberships
  - Details of any applicable teachings, or mentorship
2. Three cosmetic physicians as referees.
3. Completion of “procedures currently performed” questionnaire included within application form.
4. Certificate of current medical indemnity insurance.
5. Demonstration of compliance with applicable Medical Board and TGA guidelines and policies

Once you have been upgraded to a Fellow of the CPCA, you can:

- Attend a convocation ceremony where you will be awarded a formal Fellowship Certificate and badge.
- Take advantage of the same CPCA Member Benefits as a Full Member plus:
- Utilise the CPCA Fellow Logo on personal websites and advertising materials.
- Utilise the post nominal FCPA.
- Be elected for a CPCA Board or Committee role.



COSMETIC PHYSICIANS  
COLLEGE  
OF AUSTRALASIA

### New applicants:

Click the “Apply Now” button or scan the QR code on the next page to begin your application for CPCA membership.

## CPCA Membership - Apply Now Link

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All new members are admitted to the College as Corresponding Members.

Once you have access to the Member's area of the website, you are welcome to submit a more detailed application to the Membership Review Committee for an upgrade to Full Membership or Fellowship. For further information about CPCA Membership, please review <https://cpcanet.au/membership/>.

Applications for Corresponding Membership are processed within 1-2 business days, and are as simple as:

1. Filling out your contact information.
2. Providing your AHPRA or MCNZ Medical Registration Number
3. Uploading your head & shoulders photograph. and passport or drivers' licence.
4. Completing a CPCA Applicants Declaration Form.
5. Paying the annual membership fee of \$825 incl. GST.

Click the "Apply Now" button below to begin your application for Corresponding Membership.



Or, to access the online CPCA Membership Application Form, scan below:



## College Certification Opportunities

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### [CPCA Certificate of Completion, Theory & Application of Cosmetic Injectables](#)



### [CPCA Certificate of Completion, Use of Energy-based and Non-ionising Radiation Devices & Cosmeceuticals \(Theory\)](#)



### [52900WA Graduate Certificate in Cosmetic Medicine](#)

