



COSMETIC
PHYSICIANS
COLLEGE
OF AUSTRALASIA

Training Program Information Pack

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Cosmetic Physicians College of Australasia



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About Us

The Cosmetic Physicians College of Australasia (CPCA) originates from the first organisation to represent the interests of all doctors working within the new field of cosmetic medicine in Australasia. Today, the College (CPCA) is the leading stakeholder in cosmetic medical (non-surgical) procedures in Australia. We support hundreds of doctors across Australia, and beyond, in their continued professional development within non-surgical cosmetic medicine. The College is a 'Not for Profit' public organisation, run by Cosmetic Physicians, with the aim to educate its members about cosmetic procedures, increase patient safety and improve the standards of non-surgical cosmetic medicine. The CPCA is recognised by Health Departments, Regulators and Medical Defence insurers as a key stakeholder. The College is also one of more than 70 signatories to the Australian Ethical Healthcare Alliance group, made up of health fraternities recognised by APEC and WHO.

The College strongly supports educational activities including registrar training, on-going focused workshops, journal club, and regular state meetings which form the basis of support for members of the College. Successful registrar candidates acquire coveted Fellowship of the College, as the highest achievement in cosmetic medicine. For more information about our College, please refer to the CPCA Overview Guide.



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CPCA Training Programs

Overview

In recent years the College has been working tirelessly to produce the most advanced and comprehensive training course in cosmetic medicine in Australia. A training program developed by cosmetic medical practitioners, for cosmetic medical practice in Australia, and in line with *The Training Accreditation Council's* Australian Quality Training Framework (AQTF) ([Level 8](#)).

Once completed in its entirety the accredited course will be known as the CPCA's *Registrar Training Program* which comprises the Graduate Certificate in Cosmetic Medicine (GCCM) and the Graduate Diploma in Cosmetic Medicine (GDCM).

The *Registrar Training Program*, commencing with the GCCM, is delivered through a combination of online theory units, practical training, and assessments as described in further detail in the *CPCA Training Programs Information Booklet*. A digital badge will be awarded as acknowledgment of successful completion of each unit throughout the course.


This course has been compiled according to government standards with the assistance of many experienced cosmetic physicians. Following successful completion of the GCCM and log book hours, graduates will be entitled to apply for Full Membership of the CPCA. After successfully completing the Graduate Diploma of Cosmetic Medicine (GDCM) and subsequent log book hours, GDCM graduates will be entitled to apply for CPCA Fellowship.

As a precursor to the *Registrar Training Program* the College has also developed a short online course which can serve as an introduction to cosmetic medicine. This course is intended to provide medical practitioners with exposure to the industry, assisting those who may be considering cosmetic medicinal practice for themselves. The introductory course (*Preliminary Essentials in Cosmetic Medicine*), the Graduate Certificate, and the Graduate Diploma, developed by the CPCA in partnership with Niche Education Group (RTO provider number 51373), will be outlined in more detail below.

In addition to the above mentioned training programs, the CPCA also offers a Laser Safety Officer's short course as a stand-alone, theory-based educational activity that is recognised as a prerequisite for laser licensing in Queensland, Tasmania and Western Australia. More information about this short course is outlined below.

If you have any specific enquiries, please do not hesitate to contact the office via cpc@cpca.net.au.

Laser Safety Officer Course



Delivery:	Online-only; lectures, interactive learning activities, and multiple-choice question exam.
Duration:	6 weeks including assessment (unless completed by candidate sooner).
Time Commitment:	Approximately 2 to 3 hours of study per week over a 6-week period.
Start Date:	Enrolment start dates are flexible and open now. Please note; once payment has been processed and finalised, your 6-week access to the course commences immediately.
Course Fee:	\$333.00 (incl. GST) Current CPCA Members \$350.00 (incl. GST) Non-Members

Key Points:

- This short course will suit registered medical practitioners interested in utilising light and laser-based treatment modalities within their practice.
- This course is recognised by QLD Radiation Health and the Radiological Council of WA as an official Radiation/Laser Safety Officer's Certificate.
- Successful completion of this course, including assessment, entitles candidates to a digital badge for use on the candidate's website and professional networking pages.
- There is no commitment to continue studying with the CPCA.

Course Description

This theory-based course focuses on the clinical aspects of light and laser treatments and the required safety standards as outlined by the Radiation Safety Act. This course is recognised by the two main Laser authorities: [QLD Radiation Health](#) and the [Radiological Council of WA](#) as an official Radiation/Laser Safety Officer's Certificate. This is a self-paced learning course which is delivered via online lectures, providing you with a flexible learning approach. The curriculum consists of three online lectures with interactive activities to help consolidate learning. Assessment is based on a multiple-choice question exam. The time commitment typically required is 2 to 3 hours per week over a 6-week period.

Course Outcomes

This course is ideal for doctors considering expanding their scope of practice to include light and laser-based treatment modalities. Topics covered by the Laser Safety Officers course include laser and light physics, the mechanics of laser and light systems, national safety requirements, licensing and state regulations, risk assessment and risk management. Upon completion of this course, participants will receive a digital badge that can be applied to all promotional platforms and digital media, etc.


Further Information

Please direct any further questions about this course to cpcac@cpca.net.au

Apply to Enrol Now

Visit <https://cpca.net.au/laser-safety-officer-course/> to complete the enrolment application form and payment.

Preliminary Essentials in Cosmetic Medicine



Delivery:	Online-only via an interactive e-learning portal.
Duration:	6 weeks including assessment (unless completed by candidate sooner).
Time Commitment:	Approximately 3 hours of study per week over 6 weeks.
Start Date:	Enrolment start dates are flexible and open now. Please note; once payment has been processed and finalised, your 6-week access to the course commences immediately.
Entry Requirements:	Applicants must hold an MBBS and current AHPRA registration as a medical doctor. No cosmetic medical experience required.
Course Fee:	\$990.00 (incl. of GST)

Key Points:

- This short course will suit registered medical practitioners considering a career in cosmetic medicine. “A sneak peek for those who are exploring their options”.
- This course has not been accredited by the *The Training Accreditation Council*, however it’s content is derived from the 52900WA Graduate Certificate in Cosmetic Medicine.
- Successful completion of this course, including assessment, entitles candidates to a digital badge for use on the candidate’s website and professional networking pages.
- There is no commitment to continue studying with the CPCA.
- Successful candidates may opt to complete Recognition of Prior Learning (RPL) assessments for credits towards unit 1 of 52900WA Graduate Certificate in Cosmetic Medicine.

Course Description

This entry level course provides the underpinning knowledge to prepare the doctor for cosmetic practice as a cosmetic physician. There is a focus on multi-disciplinary practice examining the scope of practice for each cosmetic professional, including allied health workers who further support cosmetic patients. Lectures encompass the governance surrounding cosmetic practice with attention to appropriate marketing strategies, medical indemnity, and the cosmetic physician’s role in a supervisory capacity.

Course Outcomes

This course is ideal for doctors considering expanding their scope of practice to cosmetic medicine. On completion of the Preliminary Essentials of Cosmetic Medicine course, doctors will gain a comprehensive understanding of the scope and governance of the aesthetics industry and be able to make an informed decision about pursuing a career in cosmetic medicine.

Credit transfer (CT) is available to successful candidates for 52900WA Graduate Certificate in Cosmetic Medicine. This means a discount of \$990 will be applied to the first unit (GCMPCM01 Analyse the principles of cosmetic medicine) as well as credit for the MCQ exam.

Further Information

Please direct any further questions about this course to Dr Keturah Hoffman (Course Coordinator) via DrHoffman@aacds.edu.au.

Apply to Enrol Now

Visit <https://applycpca.niche.edu.au/bp/step-start/> to complete the enrolment application form and payment.



CPCA Registrar Training Program (RTP)

Overview

The CPCA's *Registrar Training Program* (RTP) will represent the College's pathway to Fellowship in the near future. This training program commences with the Graduate Certificate in Cosmetic Medicine (GCCM) and will soon include the the Graduate Diploma of Cosmetic Medicine (GDCM) (under development).

The Cosmetic Physicians College of Australasia chose to develop its training programs in accordance with the Australian Qualification Training Framework (AQTF) for several reasons, including:

- The AQTF provides transparency of authentic training and assessment because it is conducted by accredited independent registered training organisations, or RTOs, such as Niche Education Group (RTO provider number 51373).
- The CPCA feels that qualifications attained under the banner of the AQTF, such as those expected today of chefs and other qualified trades, are vital to Cosmetic Medicine being taken seriously as an independent industry.
- The major benefit of producing an AQTF-approved course of study is Government recognition.
- The CPCA's *Registrar Training Program* is to be the first course to be developed in Australia, and the only course of its kind to be accredited by the Training Accreditation Council (TAC) as having demonstrated compliance with the requirements of the AQTF2021 Standards for Accredited Courses.

52900WA Graduate Certificate in Cosmetic Medicine



Key Points

- This course opened for enrolment on 1 July 2023.
- The course content for 52900WA Graduate Certificate in Cosmetic Medicine (GCCM) has been accredited under the *Training Accreditation Council's* Australian Quality Training Framework (AQTF) at Level 8.
- Those applying to enrol into the GCCM are required to hold current financial membership of the CPCA. Please view <https://cpcanet.au/membership/> for further information. To apply to join the College, please complete the application form via <https://cpcanet.au/apply-now/>. T&Cs Apply.
- Existing cosmetic physicians may wish to apply to be awarded the certificate on the grounds of Recognition of Prior Learning (RPL). The RPL process will involve gathering of evidence to demonstrate competence in the areas covered by the certificate and there will be various avenues to achieve this. For more information about the RPL process, please click [here](#).
- A digital badge will be awarded as acknowledgment of successful completion of each unit throughout the course.
- More information can be found at <https://cpcanet.au/graduate-certificate-in-cosmetic-medicine/>.

Course Description

The *52900WA Graduate Certificate in Cosmetic Medicine* (GCCM) is the first Australian Nationally Accredited Qualification in cosmetic medicine. The course provides doctors with the knowledge and skills to successfully fulfil the role as a Cosmetic Physician achieving best practice standards and meeting all requirements as stipulated by Ahpra.

This course provides an in-depth education on the history and application of cosmetic injectables and some surface treatments, covering facial anatomy, biochemistry, and physiology in order to explain how to optimise structure, function and appearance. Lecture and assessment content will focus on the delivery and promotion of cosmetic services; including information on how to run a practice and guidance regarding regulations, ethics, and cultural safety. Scope of practice, patient communication and assessment, and cosmetic dermatology will also be featured. This course caters for both new and practicing cosmetic doctors.

Course Outcomes

Candidates will be required to successfully fulfil the requirements of each unit prior to proceeding to the next, so will have a good grounding in how to operate within the cosmetic medical industry and recognise general medical and dermatological concerns and deal with them prior to being expected to treat cosmetic medical patients. Graduates are encouraged to apply for Full Membership with the CPCA (subject to assessment by the Membership Committee).



Course Delivery

Online theory units are delivered using the latest e-learning technology allowing for interactive and flexible learning. Assessments are in the form of workbooks and case studies, as well as multiple choice exams. Practical training is planned to be delivered in Sydney, Melbourne, and Perth over three weekend blocks with assessment of clinical acumen and patient handling at this time also. Support from trainers is available throughout the course.

Units of Study

Analyse the principles of cosmetic medicine

Unit Code: GCMPCM01

Unit Description: This unit provides the underpinning knowledge to prepare the doctor for cosmetic practice as a cosmetic physician. There is a focus on multi-disciplinary practice examining the scope of practice for each cosmetic professional, including allied health workers who further support cosmetic patients. Lectures encompass the governance surrounding cosmetic practice with attention to appropriate marketing strategies, medical indemnity, and the cosmetic physician's role in a supervisory capacity. This unit is applied by medical doctors within a cosmetic medical context.

Review patient consultation and assessment strategies

Unit Code: GCMRPA01

Unit Description: This unit covers the foundation skills to ensure thorough and effective consultation strategies are adopted in aesthetic practice. The lectures provide a step-by-step guide in assessment strategies as part of a holistic consultation including referral, informed consent, written and photo documentation and other information to support positive patient outcomes. Lectures also explore the various patient management systems currently used in aesthetics, and how they can tie together all aspects of patient assessment and consultation to ensure best practice. This unit is applied by medical doctors within a cosmetic medical context.

Apply principles of dermatology to cosmetic medicine

Unit Code: GCMAPD01

Unit Description: This unit evaluates the principles of dermatology for application to cosmetic practice. Lectures explore both cosmetic and dermatological skin conditions with a focus on developing a holistic treatment plan based on a multi-modality approach including dermal therapies and prescription topical and systemic medications. Doctors will gain a sound understanding of the cutaneous manifestation of systemic diseases, differential diagnosis of skin disorders, dispensing over the counter, prescription skin care, non-ionising cosmetic devices and epidermal resurfacing techniques. This unit is applied by medical doctors within a cosmetic medical context.



Prepare for and administer cosmetic injectable medications. (Theory and Practical)

Unit Code: GCMPAI01

Unit Description: This unit provides doctors with the underpinning theoretical knowledge and skills development for prescribing and administering basic cosmetic injectable procedures. Learning covers the standard protocols for best practice using cosmetic neurotoxins and a range of dermal fillers. Knowledge will be developed in facial anatomy, rheology, pharmacology and absolute and relative contraindications. Clinical skills will be developed through supervised case studies requiring consultation, informed consent, facial analysis, product selection, dosage and patient aftercare advice to ensure a complete and effective cosmetic medical service.

Maintain infection prevention for skin penetration treatments

Unit Code: HLTINF005

Unit Description: This unit ensures Doctors hold essential knowledge and skills to maintain infection prevention in all areas associated with cosmetic medical procedures. Lectures focus on current hygiene standards and regulations and the principles of infection prevention in a cosmetic medical context. This unit is divided into a theory and a practical component. The practical competencies are demonstrated and assessed as part of the hands-on practical training.

Expected Duration

Completion of this course will take approximately 12 months when completing one unit per study period (a study period varies from 8 to 16 weeks depending on the unit). Study load requirements involve approximately 6 hours per week. Time taken to do the course will depend on the chosen study load and pre-existing knowledge.

Start Date

The first round of enrolments into 52900WA Graduate Certificate in Cosmetic Medicine Unit 1 opened on 1st July 2023. Monthly intakes are expected thereafter.

Entry Requirements

Evidence of current APHRA registration as a medical doctor plus a minimum of 2 years postgraduate clinical experience, and CPCA Membership in any of the following categories: Corresponding Member, Full Member, Fellow, or Overseas Member (RPL pathway only). Please note that additional requirements may be determined upon the pre-enrolment interview.

The level at which all new members enter the College is as a Corresponding Member. Applications for Corresponding Membership are processed within 1-2 business days, and are as simple as (five components):

1. Filling out your contact information.
2. Providing your AHPRA or MCNZ Medical Registration Number

3. Uploading your head & shoulders photograph, and passport or drivers' licence.
4. Completing a CPCA Applicants Declaration Form.
5. Paying the annual membership fee of \$825 incl. GST.

For further information about CPCA Membership or to [apply](#), please review <https://cpca.net.au/membership/>.

Course Fee

Total course fee = \$20,940 (GST exempt). More information about course fees and payment options are available on the website. Payment is required per unit of study on unit commencement. Please visit <https://cpca.net.au/graduate-certificate-in-cosmetic-medicine/> to review fees per unit of study.

Recognition of Prior Learning (RPL)/Credit Transfer (CT)

RPL is available to eligible candidates. For further information about RPL, please download the information/application form from [here](#).

Credit transfer (CT) is available for applicants who have completed the Preliminary Essentials of Cosmetic Medicine Course. This means a discount of \$990 will be applied to the first unit (GCMPCM01 Analyse the principles of cosmetic medicine) as well as credit for the MCQ exam.

Policies & Procedures

For all policies and procedures, please visit <https://www.nicheeducation.edu.au/policies-and-procedures/>.

Graduate Diploma in Cosmetic Medicine (Under Development)



Key Points

- A Graduate Diploma in Cosmetic Medicine (GDCM) is currently being development by the Cosmetic Physicians College of Australasia and Niche Education Group.
- The GDCM course content and assessments will align with the *Training Accreditation Council's* Australian Quality Training Framework (AQTF) at Level 8.
- The Graduate Diploma relates to cosmetic procedures at advanced level medical indemnity insurance (referred to as band 2).
- The College is yet to release further details about the GDCM, however all major announcements about the Registrar Training Program will be issued first to persons on the CPCA's *Training Program Mailing List*. To join the CPCA's *Training Program Mailing List* please complete the Expression of Interest Form via <https://cpcanet.au/trainee-program-eoi/>.

Expected Delivery

The GDCM is currently under development and will undergo assessment by the regulatory body Australian Skills Quality Authority for accreditation via the Training Accreditation Council of WA. As such the Graduate Diploma (GDCM) it is not yet available for enrolment.

Online theory units will be delivered using the latest e-learning technology allowing for interactive and flexible learning. Assessments will be in the form of workbooks and case studies, as well as multiple choice exams. Practical training is likely to be delivered in Sydney, Melbourne, and Perth, over a week with assessment of clinical acumen and patient handling at this time also. Support from trainers will be available throughout the course.

Expected Duration & Time Commitment

The time to complete the diploma is estimated to be 12 months flexible blended learning (online and practical), requiring 10 hours of study per week.

Expected Start Date

TBA.

To stay informed about CPCA news and Registrar Training Program updates, you can join our non-member mailing list via <https://cpcanet.au/contact-us/>.

Expected Entry Requirements

Applicants must hold an MBBS and current AHPRA registration as a medical doctor. They must have successfully fulfilled all requirements for, and been awarded, the *52900WA Graduate Certificate in Cosmetic Medicine*.

Recognition of Prior Learning (RPL)

Existing cosmetic physicians may wish to apply to be awarded the certificate on the grounds of Recognition of Prior Learning (RPL). The RPL process will involve gathering of evidence to demonstrate competence in the areas covered by the certificate and there will be various avenues to achieve this. More information about the RPL process for the GDCM will be announce in due course.



Course Fee

Yet to be determined.

While the course fees for the Graduate Diploma in Cosmetic Medicine are yet to be determined, it is expected to fall within the range of \$10,000 - \$15,000.

CPCA Membership - Apply Now

Overview

All new members are admitted to the College as Corresponding Members. Once you have access to the member's website, you are welcome to submit a more detailed application to the Membership Review Committee for an upgrade. For further information about CPCA Membership, please review <https://cpcanet.au/membership/>.

Applications for Corresponding Membership are processed within 1-2 business days, and are as simple as:

1. Filling out your contact information.
2. Providing your AHPRA or MCNZ Medical Registration Number
3. Uploading your head & shoulders photograph. and passport or drivers' licence.
4. Completing a CPCA Applicants Declaration Form.
5. Paying the annual membership fee of \$825 incl. GST.

Click the "Apply Now" button below to begin your application for Corresponding Membership.

