



COSMETIC PHYSICIANS
COLLEGE
OF AUSTRALASIA

Graduate Certificate/Diploma in Cosmetic Medicine and Injectables

Course Overview

Entry Requirements

1. Current registration with AHPRA as a Medical Practitioner;
2. Minimum Postgraduate Year 2 but preferably 5YPG with specialities such as dermatology, ENT, vascular, rheumatology, ophthalmology, plastics, community/GP or emergency.

Blended Delivery Mode

Online theory units are delivered via the AACDS Student Portal, via a link from the CPCA website can be established. Online lectures use the Articulate 360 program to convert MS Powerpoint Presentation to audio eLearning material.

Practical units are delivered and assessed in custom designed training facilities located in Sydney Melbourne and Perth. The training facilities are referred to as Aspire Training Clinics and are specifically established to train students in a range of dermal therapies and injectables.

When training in techniques (eg dissolvable threads) requiring a procedure room setting, Academy Face and Body in Perth and Sydney will be utilised.

Course Duration and Commitment

Graduate Certificate = 6 months flexible blended learning (online and practical), requiring approximately 10 hours of study per week. The Graduate Certificate relates to cosmetic procedures at entry level medical indemnity insurance (referred to as band 1).

Graduate Diploma = 12 months flexible blended learning (online and practical), requiring approximately 10 hours of study per week. The Graduate Diploma relates to cosmetic procedures at advanced level medical indemnity insurance (referred to as band 2).

Course Packaging Rules

Students must complete all 8 units (7 core and 1 elective) to gain the Graduate Certificate in Cosmetic Medicine and Injectables.

Students must complete all 8 units in the Graduate Certificate AND the 4 units (3 core and 1 elective) in the Graduate Diploma to gain the Graduate Diploma of Graduate Certificate in Cosmetic Medicine and Injectables.

Accreditation, Regulation and Governance

Course accreditation body – Training Accreditation Council of WA <http://www.tac.wa.gov.au>

Regulatory body – Australian Skills Quality Authority <https://www.asqa.gov.au>

Internal quality assurance – Education Advisory Board (selected CPCA and AACDS members)

RACGP QI&CPD 2017-19 Accredited Activity Provider

Academic Level

Australian Qualification Framework level 8 <https://www.aqf.edu.au/aqf-levels>

Textbooks and Resources

Online access to the Journal of Dermatologic Surgery (access covered as part of course fees)
Other textbooks TBA

Grandfathering/Recognition of Prior Learning (RPL)

All CPCA Fellows and members have the opportunity to be grandfathered into the qualification(s) through a Recognition of Prior Learning Process. This process involves the applicant providing evidence of knowledge and/or skill for each performance criteria. RPL Kits are developed for each unit of competency. All units must be RPL'd prior to the issue of a qualification.

Course fees (Estimate)

Graduate Certificate = \$15,000
Graduate Diploma = \$10,000

CPCA Membership

To qualify for consideration for **CPCA Fellowship**, applicants must hold the Graduate Certificate in Cosmetic Medicine and Injectables plus documented evidence of completion of the required case studies, plus the Graduate Diploma of Cosmetic Medicine and Injectables plus documented evidence of completion of the required case studies.

To qualify for consideration for **CPCA Full Membership**, applicants must hold the Graduate Certificate in Cosmetic Medicine and Injectables or the Graduate Diploma of Cosmetic Medicine and Injectables.

To qualify as a **Corresponding CPCA Member**, applicants should preferably be enrolled and actively studying the Graduate Certificate in Cosmetic Medicine and Injectables or the Graduate Diploma of Cosmetic Medicine and Injectables.

International Doctors

Consideration of international Doctors to complete the qualification(s) involving the online study of theory units and completion of practical units in Australia. Consideration of CPCA Membership/Fellowship on course completion.

Introductory non-accredited unit

The unit Analyse the principles of cosmetic medicine and surgery (GCMPCM801A) may be delivered as a non-accredited unit for the purpose of introducing (and filtering) doctors to cosmetic medicine. The unit can be delivered as an information source only ie. no assessment. Should the Doctor wish to proceed with course enrolment, they must complete the unit's associated assessments to gain credit.

Proposed Theory Units for the Graduate Certificate (Insurance Band 1)

Unit Code	Unit Title	Timeframe
GCMPCM801A	Analyse the principles of cosmetic medicine and surgery	16 wks
GCMECI801A	Evaluate cosmetic injectable procedures	16 wks
GCMRPA801A	Review patient assessment and consultation strategies (Theory component)	8 wks
GCMAPD801A	Apply principles of dermatology to cosmetic medicine	14 wks
GCMLBT801A	Analyse light and energy-based therapies used in cosmetic medicine / Laser Safety Certificate	8 wks
GCMACP801A	Analyse chemical and physical epidermal resurfacing procedures	8 wks

Proposed Practical Units for the Graduate Certificate (Insurance Band 1)

Unit Code	Unit Title	Timeframe
GCMACI801A	Administer cosmetic injectable procedures	Delivered over a 5-day block
GCMRPA801A	Review patient assessment and consultation strategies (Practical component)	Delivered in conjunction with the above unit
Select one of the following elective units:		
GCMPLP801A (Elective)	Provide laser and light-based procedures in a cosmetic medical context	Delivered over a 5-day block
GCMPCP801A (Elective)	Provide chemical and physical epidermal resurfacing procedures	Delivered over a 3-day block

Proposed Theory Units for the Graduate Diploma (Insurance Band 2)

Unit Code	Unit Title	Timeframe
GCMACP801A	Analyse advanced cosmetic procedures	16 wks
GCMAMP801A	Analyse the principles of anti-ageing medicine	16 wks

Proposed Practical Units for the Graduate Diploma (Insurance Band 2)

Cluster Code	Unit Code and Title	Timeframe
GCMAAI801A	Administer advanced cosmetic injectable procedures	Delivered over a 3-day block
Select one of the following elective units:		
GCMCDT801A Elective	Perform cosmetic dissolvable thread procedures	Delivered over a 2-day block
GCMALP801A Elective	Perform fractionated ablative laser procedures	Delivered over a 2-day block

Unit Descriptions

Analyse the principles of cosmetic medicine and surgery (GCMPCM801A)

This unit provides the underpinning knowledge to prepare the Doctor for aesthetic practice as a Cosmetic Physician. There is a focus on multi-disciplinary practice examining the scope of practice for each aesthetic professional including allied health who further support aesthetic patients. Lectures encompass the governance surrounding aesthetic practice with attention to ethical marketing, medical indemnity and the Cosmetic Physicians role in a supervisory capacity. This unit is ideal for any doctor considering a clinical specialty in aesthetics.

Evaluate cosmetic injectable procedures (GCMECI801A)

This unit provides Doctors with the underpinning theoretical knowledge to prepare for the practical unit Administer cosmetic injectable procedures (GCMACI801A). Lectures cover the standard protocols for best practice using cosmetic neurotoxins and a range of dermal fillers. Knowledge will be developed in facial anatomy, rheology, pharmacology and absolute and relative contraindications. Learning will prepare Doctors to perform facial analysis, develop a treatment plan and deal with potential complications. This unit also covers the legalities associated with Doctor supervision of nurse injectors and the utilisation of telemedicine in schedule 4 medications.

Review patient assessment and consultation strategies (GCMRPA801A)

This unit covers the foundation skills to ensure thorough and effective consultation strategies are adopted in aesthetic practice. The lectures provide a step-by-step guide in assessment strategies as part of a holistic consultation including referral, informed consent, written and photo documentation and other information to support positive patient outcomes. Lectures also explore the various patient management systems currently used in aesthetics, and how they can tie together all aspects of patient assessment and consultation to ensure best practice.

Apply principles of dermatology to cosmetic medicine (GCMAPD801A)

This unit evaluates the principles of dermatology for application to cosmetic practice. Lectures explore both cosmetic and dermatological skin conditions with a focus on developing a holistic treatment plan based on a multi-modality approach including dermal therapies and prescription topical and systemic medications. Doctors will gain a sound understanding of the cutaneous manifestation of systemic diseases, differential diagnosis, dispensing over the counter and prescription cosmeceuticals and the processes/state regulations associated with prescribing Roaccutane®.

Analyse laser and light-based therapies used in cosmetic medicine / Laser Safety Certificate (GCMLBT801A)

This unit will provide the Doctor with the underpinning theoretical knowledge required to apply to the practice of light and energy-based therapies such as laser, radiofrequency and infrared. A comprehensive knowledge will be developed in relation to laser and light physics including tissue interaction, parameter selection and treatment protocols. This unit also encompasses safety issues relating to light-based therapies as outlined by the current radiation safety act in order for the learner to achieve a Radiation Safety Officer's Certificate through the Radiological Council of Western Australia and Queensland Radiation Health.

Analyse chemical and physical epidermal resurfacing procedures (GCMACP801A)

This theoretical unit analyses basic to advanced chemical peels and physical resurfacing modalities. Knowledge will be developed in the areas of chemical peel composition and formulation, mechanism of action and the clinical application of AHA, Jessner's, TCA, Retinol and Phenol peels. This unit also explores physical epidermal resurfacing modalities such as microdermabrasion, hydradermabrasion and skin needling devices.

Administer cosmetic injectable procedures (GCMACI801A)

This practical unit marries theoretical knowledge with the development of clinical skills in administering cosmetic neurotoxins and dermal fillers to basic facial areas. Doctors are required to perform supervised case studies requiring consultation, informed consent, facial analysis, product selection and dosage and patient aftercare advice to ensure a complete and effective cosmetic medical service.

Prerequisite units to Administer cosmetic injectable procedures	
GCMPCM801A	Analyse the principles of cosmetic medicine and surgery
GCMRPA801A	Review patient assessment and consultation strategies
GCMAPD801A	Apply principles of dermatology to cosmetic medicine
GCMECI801A	Evaluate cosmetic injectable procedures

Provide laser and light-based procedures in a cosmetic medical context (GCMLP801A)

This practical unit applies theoretical knowledge to the development of clinical skills in operating laser and light-based therapies for the treatment of benign pigmented and vascular lesions. Practical training sessions require the Doctor to perform a range of case studies utilising vascular and pigment lasers, intense pulsed light and non-ablative fractionated laser. Demonstration of skills also include patient consultation, skin analysis, informed consent and patient aftercare advice.

Prerequisite units to Provide laser and light-based procedures in a cosmetic medical context	
GCMPCM801A	Analyse the principles of cosmetic medicine and surgery
GCMRPA801A	Review patient assessment and consultation strategies
GCMAPD801A	Apply principles of dermatology to cosmetic medicine
GCMLBT801A	Analyse laser and light-based therapies used in cosmetic medicine / Laser Safety Certificate

Provide chemical and physical epidermal resurfacing procedures (GCMPCP801A)

This practical unit applies the theoretical principles of chemoexfoliation to the clinical application of peels in a cosmetic medical context. Case studies build foundation skills in the application of superficial peeling agents using Jessner's, AHAs and TCA. These skills are used as a foundation to advance to medium and deep chemical peeling techniques and/or to provide a supervisory role for Dermal Therapists or Cosmetic Nurses performing superficial peels.

Prerequisite units to Provide chemical and physical epidermal resurfacing procedures	
GCMPCM801A	Analyse the principles of cosmetic medicine and surgery
GCMRPA801A	Review patient assessment and consultation strategies
GCMAPD801A	Apply principles of dermatology to cosmetic medicine
GCMACP801A	Analyse chemical and physical epidermal resurfacing procedures

Analyse advanced cosmetic procedures (GDMACP801A)

This unit explores minimally invasive cosmetic procedures to provide doctors with a sound understanding of dissolvable thread lifts, injection lipolysis, advanced neurotoxin and dermal filler techniques and fractionated ablative laser modalities. Learning focuses on the development of treatment plans involving a multi-modality approach in order to achieve optimal clinical results.

Prerequisite unit to Analyse advanced cosmetic procedures	
Graduate Certificate	All core units

Analyse the principles of anti-ageing medicine (GDMPAM801A)

This unit provides Doctors with an introduction to the key principles of anti-ageing medicine with a focus on early detection, prevention and treatment of age-related skin disorders. It explores evidence-based practices to incorporate anti-ageing in aesthetic medicine. This unit is endorsed by the Australasian Academy of Anti-Ageing Medicine (A5M) and on successful completion students will receive credit towards their Certification in Anti-Ageing Medicine for health professionals.

Administer advanced cosmetic injectable procedures (GDMAAI801A)

This practical unit builds upon skills developed in the unit Administer Cosmetic Injectable Procedures (GCMACI801A). Doctors will learn more advanced techniques in relation to anatomical placement of dermal fillers including temples, jawline and peri-ocular areas. Skills will also be developed in administering off-label neurotoxin.

Prerequisite units to Administer advanced cosmetic injectable procedures	
Graduate Certificate	All core units
GDMACP801A	Analyse advanced cosmetic procedures

Perform cosmetic dissolvable thread procedures (GDMCDT801A)

This practical unit provides the Doctor with the skills to effectively perform dissolvable thread lifts for the purpose of facial rejuvenation. Training focuses on facial anatomy, patient assessment and appropriate vectors and surgical planes for thread placement.

Prerequisite units to Perform cosmetic dissolvable thread procedures	
Graduate Certificate	All core units
GDMACP801A	Analyse advanced cosmetic procedures