

Protocol for Delegated Cosmetic S4 Injections

Current June 2018

The CPCA believes that best practice for delegated cosmetic S4 injections requires that suitably-trained registered nurses may administer S4 medicines for cosmetic purposes after a doctor has consulted in person, face-to-face with a patient and formulated a written treatment plan. However, as The Medical Board of Australia has condoned teleconsultation for this purpose, the CPCA has produced a protocol catering for this circumstance. Please refer to the CPCA Technology-Based Patient Consultation Policy.

Whether the consultation is performed face-to-face or via technology, the doctor assumes responsibility for the procedure and the patient must know the doctor's contact details including how to contact the doctor in case of issues arising after the treatment.

A written treatment plan, formulated after the doctor's consultation with the patient should:

1. Cover a time period no greater than 1 year
2. Stipulate the areas to be treated
3. State which medications are to be used
4. Set the maximum number of procedures
5. State the maximum dosages of the medications to be administered.

The patient and treatment plan would be reviewed by the doctor:

1. At the expiration of the set time period
2. If unexpected side effects or complications occurred
3. If the patient or nurse were unhappy with the results
4. If new indications for the ordered medications were contemplated
5. If other medications were considered for the original or new indications
6. If the original presentation were altered by e.g. surgery, trauma, pregnancy or other procedures for which the original treatment plan did not cater.

If the medications taken by the patient alter, the nurse would need to check with the supervising doctor prior to the procedure to ensure there were no contraindications to proceeding with the treatment plan.

The doctor should meet and have a professional relationship with the nurse and ensure that the nurse is fully competent and capable to carry out all injections that are delegated to him/her. The supervising doctor must be capable of performing these procedures him- or herself and should perform those procedures which are outside the nurse's capabilities him- or herself. The doctor should be a member of a college or society involved with cosmetic medicine and involved in its CME program.

Continued.../2

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Continued...

In the event of an emergency, the supervising doctor, or other suitably-trained and competent doctor within the practice must be available to attend within 15 minutes. To cater for an emergency occurring off-site, please see the CPCA Technology-Based Patient Consultation Policy.

It is not acceptable for a doctor to on-sell S4 medications to a nurse, or other person, regardless of any prior order for the administration of said medications.

Registered nurses performing such procedures must:

1. Have current national registration
2. Be covered by the practice insurance policy, or in the case of an independent contractor, have his or her own policy
3. Have had adequate training in the particular procedure/s
4. Have been certified as competent where certification exists, or deemed competent by a trainer or supervising doctor within the practice
5. Be approved by the supervising doctor
6. Not perform procedures which have not been prescribed
7. Not perform procedures which are beyond their level of training and capability.

The CPCA does not endorse the use of injectors whose qualifications or experience is less than that stated above and is vehemently opposed to injections being given by non-paramedical persons such as beauty therapists.

All members should ensure there are no additional requirements relevant to the advertising, acquisition, storage, transport or administration of S4 medications pertinent to their own state or territory which must be fulfilled.

See also, [CPCA Technology-based Patient Consultation Policy](#) (Teleconsultation) and AHPRA/Medical Board of Australia [guidelines](#).